"Let me take you on a journey, let me lead you back to rock `n roll." This is indeed the mission statement of local singer/song writer Steven "Schpaybo" Spearco. But it's much more than that. It's also one of the countless monster sized hooks present on his sophomore effort *Long Way Back*.

With Long Way Back. the artist currently known as Schpaybo, follows the trail blazed by his rollicking 1996 eponymous debut. Though he sticks to his guns and his approach to no frills, honest American rock `n roll Schpaybo's made great creative strides in the past three years.

The glaring difference between *Long Way Back* and the debut is the sheer diversity of the record's seven tracks. One moment Schpaybo is belling out vocal hooks of Rundgrenian proportions ("For Barbara's Love") and next he's delivering a soulful quasi ballad like the Skynyrdesque "Fall in Love Eyes."

Even though he owes a sizable debt to the guitar rock sounds of Ted Nugent and early Van Halen, Schpaybo's definitely still a man of the 90's, evidenced by "Won't You Be My Girl" which could easily have been written by Collective Soul.

Schpaybo even resurrects "Stress," the crown jewel of his debut. And contrary to what you might believe, we all can all benefit from a little Stress in our lives.